# Allergènes VILLE DE LA TRINITE - MATERNELLES

02/11/2026 au 08/11/2026

Site CC GRASSE (62527)
Prestation DEJEUNER
Contrat SCOLAIRE LA TRINITE.
Convive Maternelle

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 02/11/2026 | PLAT PRINCIPAL | Escalope de poulet LR au curry | X | | | | | | | | | | | X | | |
| 02/11/2026 | GARNITURE | Riz safrané aux petits légumes | | | | | | | | | | | | | | |
| 02/11/2026 | FROMAGE/LAITAGE | Coulommiers | X | | | | | | | | | | | | | |
| 02/11/2026 | DESSERT | Flan à la vanille bio | X | | | | | | | | | | | | | |
| 02/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 03/11/2026 | PLAT PRINCIPAL | Sauté de veau FR aux pruneaux | | | | | | | | | | | | | | |
| 03/11/2026 | GARNITURE | Boulgour bio | | X | | | | | | | | | | | | |
| 03/11/2026 | FROMAGE/LAITAGE | Fromage blanc et sucre | X | | | | | | | | | | | | | |
| 03/11/2026 | DESSERT | Poires BIO locales | | | | | | | | | | | | | | |
| 03/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 04/11/2026 | HORS D'OEUVRE | Potage de légumes bio | | | | | | | | | | | | | | |
| 04/11/2026 | PLAT PRINCIPAL | Hachis bolognaise | X | | | | | | | | | | | | | |
| 04/11/2026 | DESSERT | Purée pomme-fraise sans sucre | | | | | | | | | | | | | | |
| 04/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 05/11/2026 | HORS D'OEUVRE | Friand au fromage | X | X | | | | | | | | | | | | |
| 05/11/2026 | PLAT PRINCIPAL | Croq veggie tomate | | X | | | | | | | | | | | | |
| 05/11/2026 | GARNITURE | Potiron BIO béchamel | X | X | | | | | | | | | | | | |
| 05/11/2026 | DESSERT | Kaki | | | | | | | | | | | | | | |
| 05/11/2026 | DIVERS | Emmental râpé | X | | | | | | | | | | | | | |
| 05/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 06/11/2026 | PLAT PRINCIPAL | Colin pané et citron | | X | | X | | | | | | | | | | |
| 06/11/2026 | GARNITURE | Jardinière de légumes | | | | | | | | | | | | | | |
| 06/11/2026 | FROMAGE/LAITAGE | Yaourt nature sucré bio | X | | | | | | | | | | | | | |
| 06/11/2026 | DESSERT | Cake aux amandes | X | X | X | | | X | | | | | | | | |
| 06/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

# Allergènes VILLE DE LA TRINITE - MATERNELLES

09/11/2026 au 15/11/2026

Site CC GRASSE (62527)
Prestation DEJEUNER
Contrat SCOLAIRE LA TRINITE.
Convive Maternelle

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 09/11/2026 | HORS D'OEUVRE | Salade de blé bio catalane | | X | | | X | | | | | | | X | | |
| 09/11/2026 | PLAT PRINCIPAL | Saucisse pure volaille au jus | | X | | | | | | | X | | | | | |
| 09/11/2026 | GARNITURE | Haricots beurre aux parfums du jardin | | | | | | | | | | | | | | |
| 09/11/2026 | DESSERT | Compote de pomme BIO | | | | | | | | | | | | | | |
| 09/11/2026 | DIVERS | Vinaigrette traditionnelle à la ciboulette | | | | | X | | | | | | | X | | |
| 09/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 10/11/2026 | HORS D'OEUVRE | Taboulé | | X | | | | | | | | | | | | |
| 10/11/2026 | PLAT PRINCIPAL | Cubes de colin sauce estragon | X | | | X | | | | | | | | | | |
| 10/11/2026 | GARNITURE | Brocolis béchamel | X | X | | | | | | | | | | | | |
| 10/11/2026 | DESSERT | Kiwi bio | | | | | | | | | | | | | | |
| 10/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 12/11/2026 | PLAT PRINCIPAL | Boulettes de boeuf BIO sauce bourguignonne | | X | | | X | | | | | | | | | |
| 12/11/2026 | GARNITURE | Purée de pommes de terre bio | X | | | | | | | | | | | | | |
| 12/11/2026 | FROMAGE/LAITAGE | Petit moulé nature | X | | | | | | | | | | | | | |
| 12/11/2026 | DESSERT | Poire ronde BIO | | | | | | | | | | | | | | |
| 12/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13/11/2026 | PLAT PRINCIPAL | Cappelleti à la tomate | X | X | X | | | | | | | | | | | |
| 13/11/2026 | FROMAGE/LAITAGE | Yaourt nature sucré bio | X | | | | | | | | | | | | | |
| 13/11/2026 | DESSERT | Gâteau rond caramel beurre salé | X | X | X | | | | | | | | | | | |
| 13/11/2026 | DIVERS | Emmental râpé | X | | | | | | | | | | | | | |
| 13/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

# Allergènes VILLE DE LA TRINITE - MATERNELLES

16/11/2026 au 22/11/2026

Site CC GRASSE (62527)
Prestation DEJEUNER
Contrat SCOLAIRE LA TRINITE.
Convive Maternelle

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 16/11/2026 | HORS D'OEUVRE | Salade de pommes de terre à l'échalote | | | | | X | | | | | | | X | | |
| 16/11/2026 | PLAT PRINCIPAL | Gardianne de taureau AOP sauce hongroise | | | | | | | | | | | | | | |
| 16/11/2026 | GARNITURE | Petits pois au jus | | | | | | | | | | | | | | |
| 16/11/2026 | DESSERT | Fromage blanc aux fruits | X | | | | | | | | | | | | | |
| 16/11/2026 | DIVERS | Vinaigrette | | | | | X | | | | | | | X | | |
| 16/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 17/11/2026 | HORS D'OEUVRE | Potage Crecy bio | | | | | | | | | | | | | | |
| 17/11/2026 | PLAT PRINCIPAL | Boulgour BIO à l'italienne | | X | | | | | | | X | | | | | |
| 17/11/2026 | DESSERT | Kiwi bio | | | | | | | | | | | | | | |
| 17/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 18/11/2026 | PLAT PRINCIPAL | Filet de limande meunière et citron | X | X | | X | | | | | | | | | | |
| 18/11/2026 | GARNITURE | Potiron en béchamel ail et fines herbes | X | | | | | | | | | | | | | |
| 18/11/2026 | FROMAGE/LAITAGE | Comté | X | | | | | | | | | | | | | |
| 18/11/2026 | DESSERT | Purée de pomme et coing sans sucre | | | | | | | | | | | | | | |
| 18/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 19/11/2026 | PLAT PRINCIPAL | Sauté de dinde BBC sauce rougail | | | | | X | | | | | | | | | |
| 19/11/2026 | PLAT PRINCIPAL | Sauté de porc BBC sauce rougail | | | | | X | | | | | | | | | |
| 19/11/2026 | GARNITURE | Riz créole | | | | | | | | | | | | | | |
| 19/11/2026 | FROMAGE/LAITAGE | Yaourt nature sucré bio | X | | | | | | | | | | | | | |
| 19/11/2026 | DESSERT | Beignet au chocolat | X | X | X | | | X | | | | X | | | | |
| 19/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 20/11/2026 | HORS D'OEUVRE | Pizza au fromage | X | X | | | | | | | | | | | | |
| 20/11/2026 | PLAT PRINCIPAL | Escalope de poulet LR au jus | | | | | | | | | X | | | | | |
| 20/11/2026 | GARNITURE | Chou-fleur béchamel et pommes de terre | X | X | | | | | | | | | | | | |
| 20/11/2026 | DESSERT | Crème dessert vanille | X | | | | | | | | | | | | | |
| 20/11/2026 | DIVERS | Emmental râpé | X | | | | | | | | | | | | | |
| 20/11/2026 | DIVERS | Barquette alu | | | | | | | | | | | | | | |
| 20/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

# Allergènes VILLE DE LA TRINITE - MATERNELLES

23/11/2026 au 29/11/2026

Site CC GRASSE (62527)
Prestation DEJEUNER
Contrat SCOLAIRE LA TRINITE.
Convive Maternelle

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 23/11/2026 | HORS D'OEUVRE | Salade de lentilles | | | | | | | | | | | | | | |
| 23/11/2026 | PLAT PRINCIPAL | Escalope de blé panée | | X | | | | | | | | | | | | |
| 23/11/2026 | GARNITURE | Epinards haché béchamel et pommes de terre | X | X | | | | | | | | | | | | |
| 23/11/2026 | DESSERT | Pomme Golden BIO | | | | | | | | | | | | | | |
| 23/11/2026 | DIVERS | Vinaigrette traditionnelle à la ciboulette | | | | | X | | | | | | | X | | |
| 23/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 24/11/2026 | HORS D'OEUVRE | Salade de coquillettes bio au pesto | | X | | | | | | | | | | | | |
| 24/11/2026 | PLAT PRINCIPAL | Emincé de dinde LR au jus | | | | | | | | | X | | | | | |
| 24/11/2026 | GARNITURE | Poêlée de légumes bio | | | | | | | | | | | | | | |
| 24/11/2026 | DESSERT | Kiwi bio | | | | | | | | | | | | | | |
| 24/11/2026 | DIVERS | Vinaigrette traditionnelle au basilic | | | | | X | | | | | | | X | | |
| 24/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 25/11/2026 | HORS D'OEUVRE | Endives aux pommes | | | | | X | | | | | | | | | |
| 25/11/2026 | PLAT PRINCIPAL | Lasagnes bolognaise VBF | X | X | X | | | | | | | | | | | |
| 25/11/2026 | DESSERT | Yaourt aux fruits bio | X | | | | | | | | | | | | | |
| 25/11/2026 | DIVERS | Vinaigrette | | | | | X | | | | | | | X | | |
| 25/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 26/11/2026 | PLAT PRINCIPAL | Cheese burger | X | X | | | X | | | | | X | | X | X | |
| 26/11/2026 | GARNITURE | Pommes campagnardes | | | | | | | | | | | | | | |
| 26/11/2026 | DESSERT | Milkshake fraise vanille | X | | | | X | | | | | | | | | |
| 26/11/2026 | DIVERS | Cigarette russe | | X | X | | | | | | | X | | | | |
| 26/11/2026 | DIVERS | Ketchup | | | | | | | | | | | | | | |
| 26/11/2026 | DIVERS | Jus de fruits multifuits | | | | | | | | | | | | | | |
| 26/11/2026 | DIVERS | Barquette alu | | | | | | | | | | | | | | |
| 26/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |

| DateMenu | FamillePlat | PlatClient | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 27/11/2026 | PLAT PRINCIPAL | Moules au basilic | | | | | | | | X | | | | | | |
| 27/11/2026 | GARNITURE | Riz créole de camargue | | | | | | | | | | | | | | |
| 27/11/2026 | FROMAGE/LAITAGE | Saint Nectaire | X | | | | | | | | | | | | | |
| 27/11/2026 | DESSERT | Cake à la vanille | X | X | X | | | | | | | | | | | |
| 27/11/2026 | PAIN | Pain | | X | | | | | | | | | | | | |